

This years Seniors expo was the biggest yet with over 120 sites and some 2,000 visitors

With social connections as the theme for seniors month many connections were made in the Toowoomba Showgrounds Founders Pavilion.

There was an even greater range than ever of stalls to connect with health and life style services, legal, educational, social clubs and many other activities.

This expo was organised by seniors for seniors and their supporters. Members of Garden City - Toowoomba Branch of National Seniors Australia in partnership with Toowoomba Regional Council and encouraged by the enthusiasm of exhibitors spent many months of planning a day where vital connections were made.

It proved to be the place to be for those thinking about retirement, already retired or concerned about someone who is. Connections were made with providers of health, finance, home care, travel and a variety of sports and social clubs. Something for everyone - including those with no desire to retire!

And many connections were also made between old friends and acquaintances.