

National Seniors

AUSTRALIA

Perth Western Suburbs WA

Newsletter April 2024

Perth Western Suburbs Branch usually meets at 9.30am for 10.00am on the second Thursday of each month at Mount Claremont Community Centre, 109 Montgomery Avenue, Mount Claremont WA 6010.

Bank Account: National Seniors Australia

Perth Western Suburbs Branch

BSB 036 063

Account 257852

Our website is:

<https://nationalseniors.com.au/about/branches/perth-western-suburbs>

Our meetings are currently subject to the COVID-19 regulations of the day as imposed by the WA State Government and the City of Nedlands. There are presently no restrictions

Acknowledgement of Country

The Members of Perth Western Suburbs Branch of National Seniors Australia wish to acknowledge the Traditional Owners and Custodians of the Whadjuk Noongar Nation, on whose Lands we conduct our meetings, and pay our respects to the Noongar Elders past and present.

2023-2024 Branch Officers:

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We thank Christine Tonkin MP for enabling this newsletter to be printed

FROM THE EDITOR'S DESK

Our Newsletter Editor, Terry Middleton together with Membership Secretary Marion Laws are off on a seven-week overseas holiday, so your Secretary Derek Cockle has been nominated to temporarily take over their duties – so please bear with me for any mistakes as I'm new to this !

A plea to fill the rest of this space – members, please wear your name badges to Branch meetings as I'm not that good at remembering all your names !

A further plea – it would be much appreciated if a few able bodied blokes could come to the Community Hall from about 8.45 am, prior to our usual Thursday Branch meeting, to help put out chairs, tables, signage, etc. and to help clear up after meetings.

RECENT EVENTS

Perth Branch Network Forum - Mon 11 March, Marion & I attended a meeting of representatives from all NSA Perth branches which was addressed by Chris Grice, National CEO from Brisbane who spoke on the services available to members, current NSA policies relating to advocacy, communities and sustainability and the actions being taken and representations to Federal and State Governments and other bodies on behalf of members.

He was followed by Karen Furnival, Community Engagement Manager from Brisbane NSA Head Office on member benefits and her work assisting Branches. Copies of their excellent presentations are attached as an Appendix to this Newsletter.



Attendees at BNF Forum – Mon 11 March

Branch Meeting Thurs 14 March

President Terry regaled us with an amusing history of many old well known nursery rhymes. This was followed after our usual excellent morning tea and refreshments, by a presentation by four volunteer members of MP Kate Chaney's team who have prepared a report "Curtain Net Zero" with recommendations for attaining this target within the next decade.



Team Leader and Engineer - Margot Matthews

Copies of the "Curtin Net Zero Report" are available from Kate Chaney's Office, corner of The Boulevard and Floreat Avenue, Floreat and I have photos of the team's screen presentation which can be emailed to you upon request.

Mandurah Trip - Wed 6th March.

Eleven of our Branch members joined with about 22 from Perth Branch who organised a most enjoyable mini bus trip to visit Thomas Dambo's reclining giant wood sculpture "Yaburgurt Winjantt" at Cirkelstone, to the south east of Mandurah, followed by an excellent three course lunch at the Saltbush TAFE Training Restaurant at Mandurah.



Branch members at Cirkelstone, Giant, Mandurah

STS Leeuwin II Day Sail - Sunday March 24

Fortunately, the weather gods were most kind to allow over twenty members and guests to enjoy a three hour sail out from Fremantle on the largest sail training ship in Australia. Activities included assisting the volunteer red shirt crew raise and lower the large sails to take us towards Rottnest Island. However, due to light winds, we didn't quite make it that far before having to return to Freo Harbour.

LOOKING AHEAD

Branch Meeting Thurs April 11th, 9.30 for 10.00am. Our first guest speaker will be **Greg Hebble**, CEO of Wheelchairs for Kids, who will explain the design, manufacture and distribution of their wonderful, volunteer-built devices.

They have constructed over 50,000 of them for distribution throughout the Africa-Asia-Pacific region and beyond, in fact to 90 countries. Donations will be most welcome before and after the meeting.

Following our tea/coffee break, we will be addressed by **Jordan Brown**, an Audiologist from Ear Science Institute Australia which incorporates Lions Hearing Clinic, who will explain how our hearing is related to different aspect of our health and will identify the risk factors and impact of untreated hearing loss.

Branch Meeting Thurs 9 May

Initial speaker will be Yvonne Buters from Aged Care Reform Network followed after our tea break by Chantelle Mader, CEO of Legacy Conservation Forest who will explain how her charity offers burial space in which funeral ashes grow trees near Wellington Dam.

NSA Music Concert, Thursday May 30th 10.00am

Our Impresario, Joseph, has confirmed arrangements for the first concert of the year - to be held at The Mt Claremont Community Centre. It will be an all-Mozart program, including the Violin Concerto No 5, featuring Ryan Lee as soloist. Joseph's splendid morning tea will be included in the very reasonable entry charge, yet to be announced. Look out for the forthcoming more detailed flyer !

Branch Planning Forum – Thurs 8 August

Following very successful similar events in other interstate Branches, we are planning an open forum for all members to provide their views on branch organisation, ideas for possible future meeting topics & speakers, tours and social events. More details to follow nearer the date.

SOCIAL EVENTS

Claremont Golf Course T Box Café - Thurs 18 April & 16 May

These social coffee meetings are usually organised by Marion Laws, but whilst she is away, Judith Lauri has kindly agreed to host. A table has been booked for 2 pm – so see you there !

John Forrest National Park and Mundaring

Weir Hotel Lunch Tour – Wed 19 June

Perth Branch are organising this tour and are inviting all our members to join them. Paul Udinga will be on the tour to explain the history

of the park, it's layout and various attractions within it. Cost of senior's lunch at the hotel is about \$19 with entree, dessert and coffee extra. Depending upon numbers from our Branch, the bus may be available to pick us up from and return us to Mount Claremont Community Hall at extra cost. More details to follow shortly. Preliminary expressions of interest are invited now !

ANZAC Day – Thurs 25 April

No, this isn't a Branch meeting, but you are invited to attend the Town of Claremont ANZAC Day Ceremony at Claremont Park, commencing at 7.30 am. Contact Town for further details.

NSA National “Branch Out” Magazine

I hope you enjoyed the first of the new abridged edition based on the digital “Our Generation” magazine ? The next quarterly printed edition should be available at the next Branch meeting. Please only take one if you are unable to access the online digital edition as there will only be a limited number available.

NSA Shirts

Did you know that NSA have some very smart black polo shirts available at cost of \$24.95.? I will be demonstration one at next Branch meeting ! If there is sufficient interest, we can arrange a bulk order & delivery.



Various other items of NSA endorsed items are available including caps, visors etc – search on NSA website for member merchandise !

That's it folks - until next month !

Derek J Cackle , Secretary/Editor