

# National Seniors

AUSTRALIA

## Melville Branch – April 2024

I was disappointed with the low turnout at the March meeting. I assume the topic for the speaker “Advanced Care Planners” may have deterred members from attending. Those of us who did attend the meeting felt they we got some benefit from the talk and in particular the importance of having an Advanced Health Directive in place so that your end-of-life choices are adhered to.

The speaker for April is Sheila Twine so I hope we get a good attendance to this meeting.

### LIFESTREAMS CHURCH

After every meeting Barbara and Wendy are left to finish the clean up of the church, including vacuuming. We would appreciate if someone could come forward to help with this task. If not, we probably will need to do up a roster

### APRIL PENSION INCREASE

The following was the pension increase in March/April. If you are on a full or part pension you should have received this increase by now.

Payment	New rate	Increase
Adult pension single	\$1,116.30	\$19.60
Pension partnered (each)	\$841.40	\$14.70
JobSeeker single	\$762.70	\$13.50
JobSeeker partnered (each)	\$698.30	\$12.30
JobSeeker single with child	\$987.70	\$17.50
Parenting Payment max single	\$999.70	\$17.50
Rent Assistance maximum	\$188.20	\$3.40
Utilities Allowance	\$ 764.40 (annual)	\$13.60

Source: Department of Social Services

### HEALTH ISSUES OF MEMBERS

Amy is making a gradual recovery are she fractured her hip. It is hoped her recovery will be OK when she takes a trip back to the Netherlands in June.

Norma is still recovering from her surgery and we may see her at the April meeting.

## **NATIONAL SENIORS BUDGET SUBMISSION**

I will attach a separate PDF file to the newsletter email. It is a lengthy document from National Seniors but highlights the issues for older Australians that need to be addressed by Government.

## **CONTAINERS FOR CHANGE**

The current year to date figure remains at \$54.90. Keep the containers coming in as it helps to keep the price of events lower for members.

## **SPEAKERS**

April Branch Meeting – Sheila Twine – talking on Venice – the sinking city.

*“Venice is a city in crisis. First, it is suffering from frequent flooding due to an increase in the water levels. Second, the weight of its magnificent buildings are causing the city to sink in its muddy foundations. And third, Tourists are overwhelming the city’s resources.*

*It’s not all gloom and doom, as many ideas are being implemented to alleviate these problems and so preserve Venice, its history and its heritage values for future generations to enjoy.”*

## **OUTINGS (Report by Helen/Geoff)**

Thursday 23 May – Lunch at the 8 Knots Tavern Riverside Rd, East Fremantle

Tuesday 16<sup>th</sup> July - Annual General Meeting and mid-year lunch. The Rossmoyne Bowling Club and chef Dave have been booked for this event. Price will be \$25 per head and will need to be paid to Sally no later than the June meeting or by direct banking no later than 8 July.

## **THEATRE VISITS, Etc (Report by Norma)**

No visits planned currently while Norma recovers from her surgery.

## **BIRTHDAYS – MAY**

**Best wishes for a Happy Day to Mary Carr, Larry Kirchner, Jane Donald, Sally McCartney, Beth Peters, Antoinette Grljusich, and Amy Koppert.**

**I thought this month instead of jokes I would include this article that someone sent to me. How true is the article.**

A young man asked his grandfather,

"Grandpa, how did you live in the past without technology . . .

without computers without drones without bitcoins without Internet connection without TVs without air conditioners without cars without mobile phones?"

Grandpa answered:

"Just as your generation lives today . . .

no prayers, no compassion, no respect, no GMRC, no real education,

poor personality, there is no human kindness, there is no shame,  
there is no modesty, there is no honesty.

We, the people born between the years 1930-1980, were the blessed ones. Our lives are a living proof."

¶ While playing and riding a bike, we have never worn a helmet.

¶ after school we did our homework ourselves and we always played in meadows until sunset

¶ We played with real friends, not virtual friends.

¶ If we were thirsty, we would drink from the fountain, from the waterfalls, faucet water, not mineral water.

¶ We never worried and get sick even as we shared the same cup or plate with our friends.

¶ We never gained weight by eating bread and pasta every day.

¶ Nothing happened to our feet despite walking barefoot.

¶ We never used food supplements to stay healthy.

¶ We used to make our own toys and play with them.

¶ Our parents were not rich. They gave us love, not material gifts.

¶ We never had a cell phone, DVD, PSP, game console, Xbox, video games, PC, laptop, internet chat . . . but we had true friends.

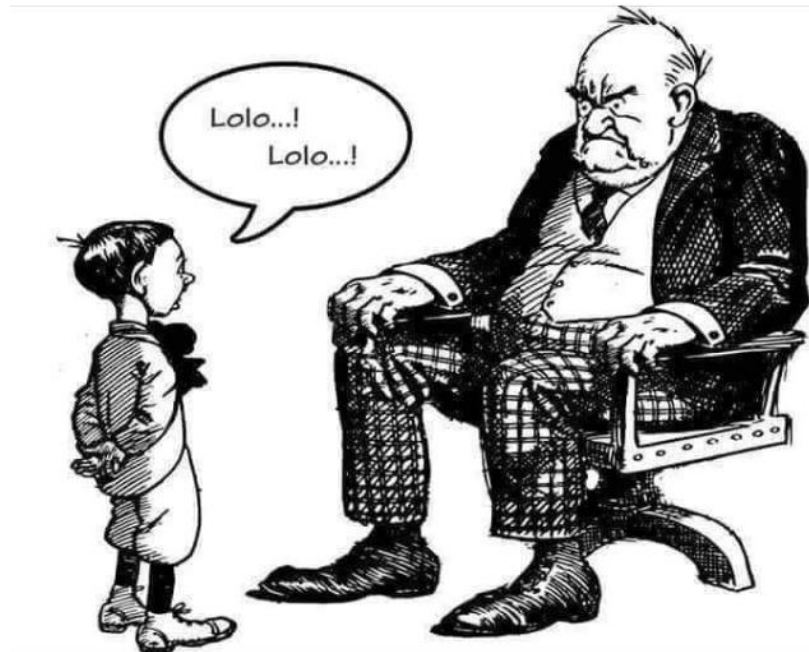
¶ We visited our friends without being invited and shared and enjoyed the food with their family.

Parents lived nearby to take advantage of family time.

¶ We may have had black and white photos, but you can find colourful memories in these photos.

¶ We are a unique and the most understanding generation, because we are the last generation that listened to their parents.



And we are also the first ones who were forced to listen to their children.~



## Protocol

1. To attend meetings of the Melville Branch, a person must be a member of National Seniors Australia whose offices are in Brisbane. Application Forms available at Branch Meetings.
2. Visitors are entitled to one free attendance at a Branch meeting. Thereafter, the meeting fee of \$8.00 is payable
3. The meeting fee can be paid at each meeting by being placed in an envelope with the attendee's name clearly marked on the front, or by 2 instalments January and July into the Branch's bank account.

## Current Membership rates to be a member of National Seniors Australia are:

 <b>Single Membership</b>	 <b>Joint Membership</b>
<input type="radio"/> 1 Year - \$49.50	<input type="radio"/> 1 Year - \$80
<input type="radio"/> 2 Year - \$88	<input type="radio"/> 2 Year - \$143
<input checked="" type="radio"/> 3 Year - \$120 <b>Save \$28.50</b>	<input type="radio"/> 3 Year - \$180
<input type="radio"/> 5 Year - \$220	<input type="radio"/> 5 Year - \$325

## **Les Davey President**

POSITION	NAME	HOME - Mobile	PHONE - Home	EMAIL
President	Les Davey	0412 709 806		<a href="mailto:les.davey@bigpond.com">les.davey@bigpond.com</a>
<b>Secretary</b>	<b>Ann Mellish</b>	<b>0438 541 102</b>	<b>94575695</b>	<a href="mailto:ann.mellish@bigpond.com">ann.mellish@bigpond.com</a>
Treasurer	Sally McCartney	0405 171 363		<a href="mailto:sally.mccartney@gmail.com">sally.mccartney@gmail.com</a>
<b>Social</b>	<b>Helen Richards</b>	<b>0415 454 322</b>		
Vice-President and Speakers	John McCartney	0433 141 152		<a href="mailto:Jambomcc@gmail.com">Jambomcc@gmail.com</a>
<b>Theatre</b>	<b>Norma Davis</b>	<b>0402 249 249</b>	<b>94572471</b>	<a href="mailto:davisnl@inet.net.au">davisnl@inet.net.au</a>

Associations Registration Number – A1006794T

Branch's Westpac account details BSB 036084 and Account Number 43414

## **Branch Meetings 2024**

23<sup>rd</sup> April    28<sup>th</sup> May    25<sup>th</sup> June

16<sup>th</sup> July                      27<sup>th</sup> August                      24<sup>th</sup> September                      22<sup>nd</sup> October    26<sup>th</sup> November

## COMMITTEE MEETINGS 2024

13<sup>th</sup> May at Les Davey's 8<sup>th</sup> July 9<sup>th</sup> September 11<sup>th</sup> November

### EVENTS

Thursday 23 May – lunch at the 8 Knot Tavern in East Fremantle. This was formerly the Eat Greek Restaurant

Tuesday 16 July AGM and Lunch - Rossmoyne Bowling Club 10.00am

