

National Seniors AUSTRALIA

Words of Wisdom

Take time, slow down, be still, be awake to the Divine Mystery that looks so common and so ordinary yet is wondrously present. Riding sidesaddle with envy is a dangerous practice: I would be happy if I had what he or she possesses. By contrast, giving thanks constantly and in all circumstances liberates us from envy.
— Edward Hays

WELCOME!

You'll find a friendly atmosphere for seniors at our monthly meetings.

We invite informative Speakers on topics of interest to Seniors. We also provide morning tea and time for friendly socialising.

Our Perth Branch has a program of inexpensive outings during the year.

Monthly cost \$5.00 also gives you a free ticket in the monthly raffle.

PERTH BRANCH



They thrive because someone expended effort on them. A garden is a grand teacher. It teaches patience and careful watchfulness; it teaches industry and thrift; above all it teaches entire trust. If a tree dies, plant another in its place.

Perth Branch Next Meeting

Friday 1 March 2024
10 AM

You're welcome! Bring a friend!
Call 0429-482-921 - for catering purposes



President Terry Flanagan's Report

Circumstances have arisen that make it impossible to have our Branch meeting in February.

Both the Vice President and myself are not able to attend.

I am going to visit my former students in Cambodia and welcome the birth of a young son.

The family already have three lovely daughters who contact me regularly on What App.

The other student has just finished a Law Degree and also has a baby son.

His first child Monica is a regular visitor on What's App doing her lessons for me.

I also teach a student ^{Type to} ~~who~~ ^{who is} preparing for University Entrance.

So a lot of pleasure and being with them in this happy time

I have asked Terry Quinn to contact our proposed guest speaker to come to a later meeting, as I know members will enjoy and appreciate the work Christine Choo has done for many years in WA.

Once again my regrets for this cancellation, but as, The Irish Theologian said, "*The Heart has its reasons.*"

Our Vice President Adolph already has in plan and in place a good Social Calendar for members in what I'm sure will be a worthwhile year.

TERENCE FLANAGAN PRESIDENT

Attached are photos of

1. Part of the 43 members and Guests at the Christmas Celebrations
2. Photo of Ross Glossop, President, National Seniors Australia with Terry Flanagan, President Perth Branch
3. Photo of Marie Slyth with Ross Glossop, National President Australia for her regular contribution to monthly meetings
4. Photo of Elsie Tester with Ross Glossop, National President Australia in recognition of her consistent attendance at monthly meetings of three Barnches.

Note: the photo of Chappie Lobo with Ross Glossop, National President Australia for being one of the longest members of the Perth Branch appeared in the December Newsletter



1. The following photos are from the Christmas Spectacular Concert on December 2023.
 - President Terry Flanagan, Perth Branch, Ann Mellish Secretary, BNF, Joseph Lieberfreund, Treasurer, Western Suburbs and Organiser, Adolph de Sousa, Vice President, Perth Branch and Alan Hughes, Treasure, Joondalup Branch



Joseph Lierberfreund, Impresario, and Treasurer, Western Suburbs, introducing The Winthrop Choir and the 2aOrchestra



Ann Clarke, Music Director with the Winthrop Orchestra

FOR YOUR CALENDAR

<p>Please Note the Meeting scheduled for Friday 2 February has been Cancelled</p>	
<p>Friday 1 March Meeting Guest Speaker: to be announced</p>	<p>Wednesday 6 March – SaltBush Restaurant and Seba Song Giant, Estuary Place, Wannanup</p>
<p>Friday 5 April Meeting Guest Speaker: Details will be provided in the next Newsletter</p>	<p>Wednesday 3 April – La Spata Open Garden and lunch.</p>
<p>Friday 3 May Meeting Guest Speaker: Jasmyrn Hutin, External Affairs and Communications Manager, Orana House</p>	<p>Friday 3 May Meeting Guest Speaker: Jasmyrn Hutin, External Affairs and Communications Manager, Orana House</p>

FORTHCOMING GUEST SPEAKERS

1. The Guest Speaker for the Meeting on 1 March will be announced through the mailing list for members when details are finalised. Details of the Guest Speaker for the Meeting on 5 April will be announced in the March Newsletter.

2. Guest Speaker: Friday 3 May 2024

Jasmyrn Hutin, External Affairs and Communications Manager, Orana House. Her topic will cover the important work Orana House is doing to create a community free from domestic violence.

Orana House is a local grassroots Family Domestic Violence (FDV) service provider that has grown out of the refuge started in Bayswater in 1989 with a Centre in Noranda and a new office in The Rise, Maylands. Five families can receive emergency housing in the Refuge. Many FDV support and educational services are provided.

FORTHCOMING EVENTS

1. SALTBUSSH TAFE TRAINING RESTAURANT AND SEBA'S SONG, MANDURAH: WEDNESDAY 6 MARCH

Organised By : National Seniors, Perth Branch

Contact Person: Adolph de Sousa mob 0413129707 or adolphdesousa@hotmail.com

Description: This day trip is planned for 6 March 2024 departing by bus from the *George Burnett Leisure Centre (GBLC)*, Manning Road, Karawara at 10.00am and returning at approximately 3.00pm for Members and Guests in the Southern suburbs. Members and Guests in the Northern suburbs depart by bus from the Galleria Shopping Centre at 9.30am and return approximately 3.15pm. Travel to see Thomas Dambo's creation of a *Giant: Seba's Song*, at Wannanup open sculpture for 30 minutes. Next travel to *Saltbush TAFE Training* restaurant in Mandurah for the 3-course lunch at \$35.00 per person, excluding drinks. After lunch leave Mandurah before 2.00pm arriving back at the *GBLC* by 3.00pm or Morley bus station at 3.15pm

Cost: Members: \$40.00 for lunch and transport. Guests: \$45.00. Numbers limited by bus capacity to 40 persons. Menu choice including special dietary requests will be collected after 19 February.

Procedure: Members and guests can make arrangements for a bank transfer by Monday 19 February 2024

Bank Transfer details are as follows:

BSB Number: 016 499

Account Number: 488094089

Account Name: National Seniors Association Perth Branch

Ref: Your Surname and the word Saltbush

2. LA SPATA LANE, CANNING VALE: WEDNESDAY 3 APRIL

Organised By: National Seniors, Perth Branch

Contact Person: Adolph de Sousa mob 0413129707 or adolphdesousa@hotmail.com

Description: An Open Garden whose owner, Jude Scott, will explain the results of her labour of love in this lush property in suburban Canning Vale. Stroll through the garden and there is an art studio where one can buy pieces of art. This event involves bus hire and going to a Seniors Lunch at a restaurant/pub within the vicinity of the Open Garden. Cost: Garden Entry fee of \$5.00 per person, which will include, a cup of tea. Part proceeds supports the Kids Cancer support at the Children's Hospital.

Departure from the George Burnett Leisure Centre, Manning Road, Karawara on a bus at 9.45 and returning at around 2.00pm. Number of places will be limited by bus capacity to 22 places.

Finish the viewing of the Garden at 11.45 am and head for the **Last Local** pub and restaurant at 507 Nicholson Road, Canning Vale 6155. Order and pay for your own lunch and drinks. Lunch has an average cost of \$22.50. Menu choice will be provided after booking a place.

Cost: Members \$10.00 to cover the cost of bus transport and Garden Entry. Guests \$15.00.

Procedure: Members and guests can make arrangements for a bank transfer by Monday 25 March 2024

Bank Transfer details are as follows:

BSB Number: 016 499

Account Number: 488094089

Account Name: National Seniors Perth Branch

Ref: Your Surname and the words La Spata

For those who do not do online banking transfers a desk will be set up at the regular Meeting on Friday 1 March to collect cash.

BRANCH MATTERS

2023-2024 OFFICERS

President: Terry Flanagan 0429 482 921

Vice President: Adolph de Sousa 0413 129 707

Secretary: Rod McLaren 0412 678 050

Treasurer: Chappie Lobo 0435 583 229

Catering: Terri McLaren 0438 862 520

Editor: Doug Conlan 0408 080 560

OUR INCORPORATION AND BUSINESS NUMBERS

Our Registration Number under the Association Incorporation Act is **A1001978T**

Our Australian Business Number (ABN) is **46 458 848 637**

Our Australian Tax File Number (TFN) is **43 XXX XXX**. Income tax Classification is **SMALL**

OUR WEBSITE AND OUR EMAIL ADDRESS

Our website is at: <https://nationalseniors.com.au/get-involved/branches/perth>

Bookmark it for easy reference

You will find our **Newsletters** there which you can conveniently download.

You will also find an **Events** tab briefly stating the dates of future outings. Clicking the Event of your interest will enable you to get more information on the event and also any flyer if available.

Finally, our **Photo Gallery** will have photographs of our latest events or outings.

Our Email address: PerthSeniors@gmail.com

For the payment Events etc. use our local branch account

Account Name: National Seniors, Perth Branch

BSB Number: 016 499

Account Number: 488094089

*Ref: Your **Surname** and keyword of the Outing*

Please include Surname and keyword in the transfer.

Do NOT combine payments for multiple functions, only pay for one function at a time.

NATIONAL SENIORS AUSTRALIA

NSA is an advocacy group for the over 55s representing issues at WA and National levels. If you have an issue that you would like the NSA Policy Group to consider fill out the online form to start the process. <https://nationalseniors.com.au/research/share-your-story>

Membership Renewals and New Membership One year – \$49.50 single or \$80 joint membership.

Two years – \$88 single, or \$143 joint membership

Three Years - \$120 single, or \$180 joint membership.

Five years – \$220 single, or \$325 joint membership.

Membership payments cannot be paid via our local branch they must be paid directly to the Head Office.

You can do this by one of these three options via the website: <https://nationalseniors.com.au>. Login and pay online using a debit or a credit card.

Through your phone:

Phone them on 1300 765050 or 073233 9191 they will be able to find your membership details and debit your account for the membership payment. If New Membership they will collect details on the phone and charge your account.

By cheque:

the postal address is:

GPO Box 1450,

Brisbane,

Queensland 4001

Please make sure you include your name, club, and the reason for the cheque.

Type to
enter text