

February 2024

Good morning, a warm welcome to all our members and visitors. Sadly a few of our members are feeling under the weather at the moment, so we take this opportunity to wish them a speedy recovery back to good health. The "little Mermaid" is coming to GECC in March. I, along with a few other Grandparents will be viewing it I am sure. This is a local production, but the reviews so far have been very encouraging and worth supporting. Thankyou to our members who

have recommended guest speakers. Today's guest speaker was recommended by Margaret Cook. Thank goodness the weather is abating, a little at least, bring on the snow!!! OK, a bit of wishful thinking on my part. We are hoping to encourage all members to bring along a cup instead of using the ones provided.

Next Meeting to be held Tuesday 19th March 2024. See you all then, Larney.

GUEST SPEAKERS

5 Minute: Raymond, Departure Point – Tour details

20 Minute: Jennifer Nash – Allied Health and Transition help.

FEBRUARY CELEBRATIONS

HAPPY BIRTHDAYS

Meg Armitage, Ross Armitage, Lyn Band, Arthur Dumbleton, Terry Freyling, **Alison Harrington**, Trevor Heard, Heather Hurtz, **Robyn Knopke**, Colleen Marek, Graham Martin, Branka Medlock, Olive Mellor, **Bill Scarborough**, **Bonita Scheskie**, Joan Sutton, Caroline Vickery, Wesley Walker.

HAPPY ANNIVERSARIES

Bev & Noel Bowley, Graham & Pat Howard, Maurie & Pat Ward, Dick & Carlene Woolcock.

THOUGHT FOR THE DAY

Accept the benefits of manoeuvre over attack.

SOMETHING A LITTLE DIFFERENT -

NO JOKES



- A flea can jump 350 times its body length.
- Water in the Atlantic is saltier than the water in the Pacific.
- The acid in your stomach can dissolve steel.
- Humans lose between 50 and 100 hairs per day.
- An ant's sense of smell is stronger than a dog's!
- Canned baked beans aren't baked, they are stewed.
- The human nose can remember around fifty thousand scents.

NO NEED TO LIGHT A NIGHT-LIGHT ON A LIGHT NIGHT LIKE TONIGHT.

UPCOMING ACTIVITIES

From Activities Officer: Pauline

Good morning everyone, these are our upcoming events:

- FLAVOURS MARINA, Tuesday 27th February for morning tea at 10:30am. Cost - \$25.00, per person.
- "GET ONLINE DAY at YARALLA, Friday 22nd March, 09:00 to about 12 noon.
- NSA Gladstone Branch annual BIRTHDAY LUNCH is on at the GLADSTONE BOWLS CLUB, Friday 19th April from 12 noon.
- Lunch will be a roast buffet and alternate drop dessert. Cost to members is \$10:00 with the club subsidising \$15:00 per person.
- I am still looking into the tour of the new Fish hatchery at Awoonga Dam.

Pauline

AROUND THE TRAPS

- Pre polling for the upcoming elections can be done as from 5th March 9am-5pm at the old RSL building in Goonoon Street.
- Greens Senator, Penny Allman-Payne will be holding a free Community meal on Thursday 7th March, 5:30pm at Apex Park, Gladstone Central.
- Reserve the date: FRIDAY 22nd March for our "GET ONLINE DAY", 9am-12noon at YARALLA.
- Gladstone Harbour Festival commences Thursday 28th to Sunday 31st March.
- Next Rotary Charity Market is on Sunday 17th March from 7am to 12 noon.

NATIONAL SENIORS VISIT BRIBANE

National Seniors Visit Brisbane

Before 8 o'clock on the morning of Tuesday, 30th of January, a party of our members assembled at Gladstone Railway Station, some of us in ignorance of the fact that the Tilt Train wouldn't be our mode of transport.

Instead, a Rothery's double-decker coach arrived, and our party was ushered to the top deck, a totally new experience for some. The trip was a long one due to the fact that we followed the train route, delivering passengers and picking others up. QR issued us with water and muffins, then later in the day, at Gunalda, with a meal voucher.

At six o'clock we pulled into Roma Street, where Raymond had taxis waiting to take us to our accommodation. Here we hastily deposited our luggage in the foyer of the Ibis, then reboarded our taxis for the trip across the river to the Lyric Theatre. By seven O'clock, we were all in our seats for the start of the wonderful "Chicago."

After a show which mesmerised all of us – the music, the choreography, the orchestra, the props and "all that jazz", we settled for a leisurely stroll across the Brisbane River and back to the Ibis to check into our rooms.

The following morning saw us enjoy breakfast, before we were collected by a much smaller bus driven by Bryce, our guide for the day. Mount Tamborine is still in recovery mode following the devastating tornado-like event which occurred a few weeks earlier. The locals welcomed us as visitors to the quaint Gallery Street, and Bryce made sure we sampled the best on offer, taking us to the boutique brewery, then to lunch at St Bernard's Hotel, and finally to the local distillery.

For dinner that night we dispersed, some of us choosing to eat at the nearby "Beach House". A great meal, and a short amble took us back to our beds, where I think all

TOUR INFORMATION

From Tour Officer: Barbara

Hi members, and travellers,

Our Annual Tour this year is Perth & surrounds. This meeting, Raymond Lewis from Departure Point will be speaking to us with an outline of the travel details and opportunities. Please pay close attention and come back to me if you have any questions, suggestions, or improvements to make this event better. Suggested travel dates are 27th Sept to fly to Perth. Home will be late on 6th October and back to Gladstone on 7th October.

The west will be magnificent, different, and special. WA is a new adventure for Gladstone NS. Opportunities are available for stay overs in WA, home on the Indian Pacific, or extended holidays as you are on the other side of Aussie Land. These need to be reported ASAP so we can help with these arrangements. Raymond Lewis will support you with any requirement. I need to know so Raymond and I can coordinate the program.

Yours in Travel,
BarbK

NATIONAL SENIORS VISIT BRISBANE, continued

slept soundly. Our last morning, after another hearty breakfast, was our own to explore or shop or both. It was during this time that we were notified by QR that our travel arrangements had changed once again. And so it was that we boarded the Tilt Train and left Brisbane about five. When we arrived at Gympie, the announcement came over that we would be held there indefinitely due to another train being broken down on the track. Our adventure finished at about one in the morning when we pulled into Gladstone. In finishing up, thanks must go to Raymond (who would have his job?) and to the unflappable Pauline. Credit must also go to our Gladstone National Seniors travellers, who all made the best of some unexpected and mildly inconvenient happenings. Thank you to all who contributed in some way to our enjoyment of this trip. with *Thanks to Marie-Ann.*

Committee Members

President..... Terry – 0418 185 380

Vice President..... Carolyn – 0419 712 720

Secretary Larney – 0400 610 277

Treasurer Kath – 0417 381 898

Act/Officer Pauline – 0448 778 710

T/Officer Barb – 0412 049 390

Branch Email: nsagladstonebranch@gmail.com

Branch Contact Details

Branch Meetings are held at:

Yaralla Sports Club: Corner, O'Connell and Bell Streets, Barney Point, Gladstone.

Third Tuesday of the month at 9am for 9:45am.

Contact Terry - 0418 185 380

Contact Larney - 0400 610 277

Web: <https://nationalseniors.com.au/get-involved/branches/gladstone>